



Documentation for attestation of students with a chronic disease

The form below must be completed by the **(treating) doctor**. The document is returned to the Study Guidance via the student. The data attested here will be processed and treated in accordance with the Belgian and European privacy legislation and in accordance with the provisions in the education and examination regulations of the institution.

EXPLANATION

1. General

The Study Guidance is responsible for the recognition, the advising of specific facilities and the assistance of students with a disability at Vrije Universiteit Brussel. The student's disability must be documented¹ for the following reasons:

- The student is required to confirm his disability with sufficient, objective and clear medical documentation to obtain recognition as a student with a disability.
- To be able to offer accommodations as an institution, it is important to have as good as possible an overview of the student's particular difficulties and their impact on his/her school performance. This overview offers a base for the assessment, with the difficulties measured against the program requirements and against the feasibility of reasonable adjustments in the faculty.

2. Target groups and qualified experts for the documentation

The documentation is to be completed by a qualified expert determined per target group. Please find an overview of the target groups and the corresponding qualified experts below.

Target group	Qualified expert
Students with a physical disability	(Treating) doctor
Students with a hearing impairment	(Treating) doctor
Students with a visual impairment	(Treating) doctor
Students with a chronic disease	(Treating) doctor
Students with a developmental disorder	(Treating) doctor), (child and youth) psychiatrist, neurologist, neuropediatrician, certified psychologist or registered orthopedagogue, speech therapist; depending on subtype (see further general part: overview of specific attestation bundles)

¹ The procedure followed at Vrije Universiteit Brussel is based on the method recommended by the Vlor (Vlaamse Onderwijsraad – Flemish Education Council]: 'Handleiding registratie studenten met een functiebeperking en bijbehorende formulieren', Raad Hoger Onderwijs, 21 april 2015.

Vlaamse Onderwijsraad - Koning Albert II-laan 37 - B-1030 Brussel - info@vlor.be - www.vlor.be



Students with a psychiatric disability	(Treating) doctor), (child and youth) psychiatrist, certified psychologist or registered orthopedagogue
Students with another disability	(Treating) doctor

3. Documentation for attestation

We kindly request that you as a competent expert **thoroughly document and objectify the student's loss of function**.

You can do this using this documentation, which comprises the following parts:

General part (Part 1)

This is where you may indicate which loss of function the student is showing. The nature of the disability determines the target group to which the student belongs.

The Vlor-form for a specific target group (Part 2)

You are required to complete section A and section B.

Section A deals with the nature, severity and duration of the loss of function. The request to attest does not imply that the authorized person must carry out a diagnostic examination in any case. It is also possible to attest after viewing the reports that the student makes available.

Section B maps the loss of function and its impact on school activities.

Both parts are to be completed by the **qualified expert for that particular target group**. The student will be in charge of returning both documents to Study Guidance.

4. Privacy

The medical documentation (part 1 and part 2) is kept in the student's file by a student psychologist of Study Guidance. The data attested here will be processed and treated in accordance with the Belgian and European privacy legislation and in accordance with the provisions in the education and examination regulations of the institution

5. Contact

You may contact the Reflex-team of Study Guidance, should you still have questions, via reflex@vub.be or +32 (0)2 629 20 16.



GENERAL PART (PART 1)

The documentation comprises two parts. In this general part (part 1), the **nature of the loss of function** is to be indicated. The overview of the included functions is based on the International Classification of Functioning, Disability and Health (ICF). The nature of the disability **determines the target group** to which the student belongs. With a view to further documentation, the decision tree is to be followed and the Vlor+ form for the specific target group is to be completed (part 2).

Documentation for attestation	Qualified expert	
Students with a physical disability	(Treating) doctor	
Students with a hearing impairment	(Treating) doctor	
Students with a visual impairment	(Treating) doctor	
Students with a chronic disease	(Treating) doctor	
Students with an autism spectrum disorder (ASD)	(Treating) doctor, (child and youth) psychiatrist, neuropediatrician, certified psychologist or registered orthopedagogue	
Students with an attention deficit hyperactivity disorder	(Treating) doctor, (child and youth) psychiatrist, neurologist, neuropediatrician, certified psychologist or registered orthopedagogue	
Students with a tic disorder	(Treating) doctor, (child and youth) psychiatrist, neurologist, neuropediatrician	
Students with a developmental coordination disorder	(Treating) doctor, neurologist, neuropediatrician, (child and youth) psychiatrist	
students with a stuttering disorder (developmental stuttering)	(Treating) doctor, speech therapist	
students with developmental dysphasia	(Treating) doctor, speech therapist	
Students with a psychiatric disability	(Treating) doctor, (child and youth) psychiatrist, certified psychologist or registered orthopedagogue	
Students with another disability	(Treating) doctor	

The following forms are available for specific target groups:

If so desired, the student can request the documentation for an additional target group from us or download it on student.vub.be/en/special-student-facilities.



STUDENT'S IDENTIFICATION INFORMATION

Student's name:

Date of birth:

Student number:

IDENTIFICATION INFORMATION OF THE EXPERT

Name:

Date:

Autograph:

Doctor's stamp

RECORD DATA (to be completed by the Study Guidance)

Study/Faculty/Campus:

Receipt date of complete file:



Nature of the loss of function

The qualified expert documents that the student presents the following loss of function:

Single disability, in one of the following body functions:
Neuromusculoskeletal and movement-related functions The documentation for students with physical disabilities target group is to additionally be completed if the disability does <i>not</i> result from a chronic disease, psychiatric disability or developmental disorder.
Hearing functions The documentation for students with hearing impairment target group is to additionally be completed if the disability does <i>not</i> result from a chronic disease or psychiatric disability.
Visual functions The documentation for students with visual impairment target group is to additionally be completed if the disability does <i>not</i> result from a chronic disease or psychiatric disability
 Cardiovascular, haematological, immunological and respiratory functions Digestive, metabolic and endocrine system Genitourinary and reproductive functions The documentation for students with a chronic disease target group is to additionally be completed if the disability does result from a chronic disease. The documentation for students with another disability target group is to additionally be completed
 if the disability does <i>not</i> result from a chronic disease or psychiatric disability. Mental functions The documentation for students with a chronic disease target group is to additionally be completed if the disability does result from a chronic disease.
The documentation for students with a developmental disorder target group is to additionally be completed if the disability does result from a developmental disorder.
The documentation for students with a psychiatric disability target group is to additionally be completed if the disability does result from a psychiatric disability. The documentation for students with another disability target group is to additionally be completed if the disability does <i>not</i> result from a chronic disease, psychiatric disability or developmental disorder.
D Other:
 Voice and speech functions Pain functions Skin and related systems functions The documentation for students with another disability target group is to additionally be completed if the disability does <i>not</i> result from a chronic disease, psychiatric disability or developmental disorder.
Single disability, the loss of function results from a chronic disease: The documentation for students with a chronic disease target group is to be completed.
Single disability, the loss of function is connected to a psychiatric disability: The documentation for students with a psychiatric disability target group is to be completed.
Multiple disabilities: If there is a multiple loss of function, the corresponding form for the specific target group is to be completed for each disability.



VLOR-FORM (PART 2)

STUDENTS WITH A CHRONIC DISEASE

The form below must be completed by the **(treating) doctor**. The document is returned to the (function and service) via the student. The data attested here will be processed and treated in accordance with the Belgian and European privacy legislation and in accordance with the provisions in the education and examination regulations of the institution.

To assist students as efficiently as possible, we would like to underline the following areas of attention in completion of this form.

- The form is to be completed entirely, objectively and meticulously.
- The form is to be completed by the qualified expert.
- Both section A and section B are to include the date, the signature and the identification (stamp) of the qualified expert.

We cannot accept documents that fail to meet these requirements.



STUDENT'S IDENTIFICATION INFORMATION

Student's name:

Date of birth:

Student number:

SECTION A

LOSS OF FUNCTION

1. Nature of the loss of function

I, the undersigned, document that the person identified above suffers from the following chronic disease:

In the past year and to date, the following disease activity and (para) medical follow-up occurred:

0 Disease activity (most recent flare-up, number of flare-ups in the last year, hospitalisations, emergency situations, ...):

0 (Para) medical follow-up:



2. Registration requirements

I confirm that the above-described loss of function has a significant impact on school performance. This impact on school performance is documented in section B of this form.

I hereby also confirm that:

- 0 the disorder and the loss of function are **permanent**: there is a non-existent or negligible chance of improvement (spontaneous or following treatment) that would lead the loss of function to no longer meet the conditions described above.
- 0 the disorder and the loss of function is (likely) of a **temporary** nature: there is an effective or expected loss of function, or a need for a preventive follow-up of **at least 12 months**, with an impact on school performance.

3. Stamp, date and signature of (treating) doctor

Date

Stamp

Signature



STUDENT'S IDENTIFICATION INFORMATION

Student's name:

Date of birth:

Student number:

SECTION B

IMPACT ON SCHOOL PERFORMANCE

I hereby document that, following a serious chronic disease described in section A of this form, the student identified above experiences difficulties in performing the following school activities:

1. Loss of abilities

- Consciousness, in particular degree of consciousness, duration and quality thereof, experience of one's self and time, body image.
 Difficulties:
- Coordination and orientation in time, space and person.
 Difficulties:
- Attention and memory, in particular maintaining attention as opposed to dividing it, shortterm and long-term memory, ability to recall information.
 Difficulties:



- Perception, in particular perception of reality, (sensory) perception.
 Difficulties:
- Thinking, in particular contents of thinking and process (incl. speed).
 Difficulties:
- Psychomotor abilities: posture, moving around, motoric (fine and gross motor skills, eyehand coordination).
 Difficulties:
- Energy: energy levels, tiredness and sleep (quality, duration, falling asleep, sleeping through).
 Difficulties:
- Mental stability, resilience: stress management, assuming responsibilities, handling unexpected circumstances, crisis situations and mood: stability, adequacy.
 Difficulties:
- Vital abilities: sleeping, eating, concentration, personal care, pain.
 Difficulties:



2. Loss of function in school activities

- Task management: impulsiveness, organisation and planning; time management, punctuality, problem-solving abilities, ability to make choices, repetitive behaviour. Difficulties:
- Presence: presence in classes, at exams, including the ability to handle unexpected situation, such as changes to course schedules etc.
 Difficulties:
- Communication transfer: communication and exchange of information during seminars, meetings in small groups, during exams etc.
 Difficulties:
- Mobility: moving around a building (including use of elevators etc.), moving between buildings at longer distances, using public transportation.
 Difficulties:
- Motor skills:
 - Carrying, moving and the manipulation of materials, incl. lifting and carrying material (e.g. books (book bags), taking books from the library stacks, etc.); hand and arm use (e.g. flipping a page, easily moving materials around a desk, operating a computer's keyboard etc.); fine hand motor skills (e.g. using a calculator, wielding test tubes, using a ruler etc.).
 - Changing and maintaining position, incl. sitting down, standing up, maintaining same sitting position for extended period (e.g. during lectures), standing for extended period (e.g. at a lab table, when completing exercises at the blackboard).

Difficulties:



3. Stamp, date and signature of the (treating) doctor

Date

Stamp

Signature



List of chronic diseases

(Annex to the Documentation for attestation of students with a chronic disease)

For recognition (REC.)

0 = One-time attestation / A = Annual attestation)

For advice for facilities (FACIL.)

0 = One-time attestation / A = Annual attestation)

	REC.	FACIL.
Tumoral conditions		
Brain tumors	А	А
Neuro-oncological condition with visual disorders	A or O	А
Neuro-oncological condition with endocrine/motor disorders	A or O	А
Disorders of blood, blood-forming organs and immunological system		
Anemia: sickle cell anemia and aplastic anemia		А
Autoinflammatory diseases	А	А
Congenital vascular malformation with facial impairment and/or physical disability	0	0
Haemostasis disorders (haemophilia, severe thrombopathy, hereditary/acquired thrombopathy)	A	A
Hereditary angioedema	A	Α
Immune deficiency syndrome: congenital or acquired immune deficiency syndrome	0	A
Immune deficiency syndrome: polymalformative immune deficiency syndromes (e.g. type Roifman syndrome / Mc Cusick syndrome)	A	A
Vasculitis	A	А
Anaphylaxis, known risk	0	A
Complex food allergies	0	А
Chronic respiratory insufficiency secondary to immune deficiency syndrome	0	A
Allergies	0	A
Endocrine, nutritional and metabolic disorders		
Celiac disease	0	A
Cystinosis	А	A
Diabetes, type 1	0	0
Cystic fibrosis	0	0
Graves' disease	0	A
Neurological disorders		
Chronic (neuro) muscular disorders (e.g. Multiple sclerosis)	A or O	0
Epilepsy	0	А
Narcolepsy	0	0
Cardiovascular diseases		
Heart arrhythmia	А	A

VUB	VRIJE UNIVERSITEIT BRUSSEL
-----	----------------------------------

Respiratory diseases		
Primary ciliary dyskinesia	0	0
Digestive diseases		
Ulcerative colitis	0	А
Crohn's disease	0	А
Severe liver diseases	A or O	А
Nutritional problems	А	А
Skin and subcutaneous tissue disorders		
Dermatitis herpetiformis	A or O	А
Ectodermal dysplasia syndromes and other rare genodermatoses	A or O	А
Epidermolysis bullosa	A or O	А
Large congenital melanocytic nevus	A or O	0
Ichthyosis (except for ichthyosis vulgaris and X-linked)	A or O	0
Sun hypersensitivity syndromes: severe sun hypersensitivity syndromes (porphyria, xeroderma, pigmentosum, albinism, hydroa vacciniforme)	A or O	0
Diseases of the bone, muscles and connective tissue		
Juvenile idiopathic arthritis	0	0
Systemic Autoimmune Diseases (cf. SLE, Dermatomyositis)	0	0
Disorders of the genitourinary system		
Chronic kidney disease	0	0
Congenital disorders		
Ehlers-Danlos syndromes	0	0
Marfan syndrome	0	0
Osteogenesis imperfecta	0	0
Polymalformative (genetic) syndrome	A or O	A or O
Polyposis Coli	0	A
Skeletal dysplasia	0	0
Spina bifida	0	0
Other		
Heart transplantation	0	0
Organ transplantation	0	A
Cancer during or after therapy	A	A
Migraine	0	A
Chronic fatigue syndrome	0	A
Fibromyalgia	0	А