

## SPORTSMIX 2025-2026 - EXAM PERIOD 2ND SEMESTER (01/06-2026 - 03-07-/2026)



## MONDAY

HOUR	ACTIVITY	LOCATION	HALL	TYPE	INSTRUCTOR/CLUB
17.00 - 19.00 u	BASKETBALL	Jette (Basic Fit Sportcomplex)	Omnisportzaal Basic Fit Jette	guided	Hassib Ramza
17.00 - 19.00 u	BADMINTON	Jette (Basic Fit Sportcomplex)	Omnisportzaal Basic Fit Jette	guided	Hassib Ramza
17.00 - 19.00 u	VOLLEYBALL	Elsene (VUB Sportcomplex)	L123 VUB Sports Complex	guided	Britt Lepage + Hugo Bogaerts
18.00 - 19.00 u	YOGA	Elsene (VUB Sportcomplex)	Dojo VUB Sports Complex	guided	KASIA/ALICE
21.00 - 22.00 u	SWIMMING	Elsene (VUB Sportcomplex)	Swimming pool VUB Sports Complex	guided	Aximundi (Dieter Segers)

## TUESDAY

HOUR	ACTIVITY	LOCATION	HALL	TYPE	INSTRUCTOR/CLUB
16.30 - 18.00 u	FOOTBALL	Elsene (VUB Sportcomplex)	Soccer Field VUB Sports Complex	guided	Sevban Sahin + Andrei Joroveanu
17.00 - 19.00 u	BASKETBALL	Elsene (VUB Sportcomplex)	L12 VUB Sports Complex	guided	Steven Travis Makengo + Badi Gagyi
17.30 - 18.30 u	YOGA	Elsene (VUB Sportcomplex)	Dojo VUB Sports Complex	guided	Labbe Frederique
18.00 - 19.00 u	YOGA	Jette (Basic Fit Sportcomplex)	Dojo Basic Fit Jette	guided	Lima Mady Van Den Steen
19.00 - 20.30 u	ENGLISH BOXING*	Elsene (VUB Sportcomplex)	Boxing Hall VUB Sports Complex	club sport	VUB Boxing Club: Marwan.Elkhettabi@vub.be

## WEDNESDAY

HOUR	ACTIVITY	LOCATION	HALL	TYPE	INSTRUCTOR/CLUB
13.00 - 14.00 u	AIKIDO	Elsene (VUB Sportcomplex)	Judo Hall VUB Sports Complex	guided	Niels De Nutte
17.00 - 19.00 u	VOLLEYBALL	Jette (Basic Fit Sportcomplex)	Omnisportzaal Basic Fit Jette	guided	Soulayman Azibou
17.00 - 19.00 u	BADMINTON	Jette (Basic Fit Sportcomplex)	Omnisportzaal Basic Fit Jette	guided	Soulayman Azibou
19.00 - 20.00 u	YOGA	Elsene (VUB Sportcomplex)	Dojo VUB Sports Complex	guided	Fabienne Kabeya
20.30 - 21.30 u	ENGLISH BOXING LADIES NIGHT	Ixelles (VUB Sports Complex)	Boxing Hall VUB Sports Complex	club sport	VUB Boxing Club: Marwan.Elkhettabi@vub.be

## THURSDAY

HOUR	ACTIVITY	LOCATION	HALL	TYPE	INSTRUCTOR/CLUB
17.00 - 19.00 u	BADMINTON	Elsene (VUB Sportcomplex)	L12 VUB Sports Complex	guided	Tuur Bruneel/Gabriel Gulunay
18.00 - 19.00 u	YOGA	Elsene (VUB Sportcomplex)	Dojo VUB Sports Complex	guided	Melinda Zijp
18.00 - 20.00 u	FENCING	Elsene (VUB Sportcomplex)	L3 VUB Sports Complex	guided	Karin Verelst
20.30 - 22.00 u	THAI KICKBOXING	Elsene (VUB Sportcomplex)	Boxing Hall VUB Sports Complex	guided	Kamil
21.00 - 22.00 u	SWIMMING	Elsene (VUB Sportcomplex)	Swimming pool VUB Sports Complex	guided	Abdelaziz Sahli

## FRIDAY

HOUR	ACTIVITY	LOCATION	HALL	TYPE	INSTRUCTOR/CLUB
12.00 - 13.00 u	YOGA	Elsene (VUB Sportcomplex)	Dojo VUB Sports Complex	guided	Flore Belin & Petra Kurtovic
19.00 - 20.30 u	ENGLISH BOXING*	Elsene (VUB Sportcomplex)	Boxing Hall VUB Sports Complex	club sport	VUB Boxing Club: Marwan.Elkhettabi@vub.be

ZWART

BLAUW

ROOD

Campus VUB Elsene/Etterbeek

Campus VUB Jette

Campus EHB Brussel (Ritcs)

VUB Sportcomplex (gebouw L)

Sportcomplex (Basic Fit)

Rode zaal Ritcscafé

RESERVATIONS PER PARTICIPATION VIA THE VUB SPORT APP + SPORT CARD WITH PUNCH (OR STICKER FOR EHB STUDENTS) REQUIRED

<https://www.vub.be/en/services-vub-campuses-in-etterbeek-and-jette/sports-vub>

KEEP MOVING DURING EXAMS, IMPROVE YOUR GRADES!

