

SPORTSMIX SEMESTER 1 (21/09/2026 - 20/12/2026)					
MONDAY					
hour	activity	location	hall	type	instructor/club
17.00 - 19.00 u	BASKETBALL	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
17.00 - 19.00 u	BADMINTON	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
19.00 - 20.30 u	KICKBOXING*	Jette (Basic Fit Sports Complex)	Dojo Basic Fit Jette	club sports	Brussels Technical Boxing
TUESDAY					
hour	activity	location	hall	type	instructor/club
17.00 - 19.00 u	FUTSAL LEAGUE TRAINING	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
WEDNESDAY					
hour	activity	location	hall	type	instructor/club
17.00 - 19.00 u	VOLLEYBALL	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
17.00 - 19.00 u	BADMINTON	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
19.00 - 20.30 u	KICKBOXING*	Jette (Basic Fit Sports Complex)	Dojo Basic Fit Jette	club sports	Brussels Technical Boxing
THURSDAY					
hour	activity	location	hall	type	instructor/club
17.00 - 19.00 u	FUTSAL LEAGUE STUDENTS	Jette (Basic Fit Sports Complex)	Omni sports hall Basic Fit Jette	guided	Hassib Ramza + Soulayman Azibou
18.00 - 19.00 u	POWER FLOW YOGA	Jette (Basic Fit Sports Complex)	Dojo Basic Fit Jette	guided	Lima Mady Van Den Steen
19.00 - 20.00 u	RELAX FLOW YOGA	Jette (Basic Fit Sports Complex)	Dojo Basic Fit Jette	guided	Lima Mady Van Den Steen

BLUE VUB Campus Jette Sports Complex (Basic Fit)

RESERVATIONS PER PARTICIPATION VIA THE VUB SPORT APP + SPORT CARD WITH PUNCH (OR STICKER FOR EHB)

<https://www.vub.be/nl/dienstverlening-op-de-vub-campus-etterbeek-en-jette/sporten-aan-de-vub>

ABOUT VUB SPORT ON THE
VUB WEBSITE

